



# Aging Unit of Iron County

## JULY 2017



### MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
3	Spaghetti W/ Meat Sauce	CLOSED	BBQ Ribs Mashed Potatoes  Bingo	Taco Salad	Salmon Filets Twice Baked Potatoes	8
9	10 Polenta Italian Sausage	11 Chef's Choice Roast Turkey Stuffing Mashed Potatoes Cranberries Apple Pie Card Games	12 Meatloaf Mashed Potatoes  Bingo	13 Lemon Chicken Butter Noodles	14 Sloppy Joes Wedge Fries	15
16	17 Pasty Pie	18 Party Brat's Potato Salad Baked Beans  Card Games	19 Italian Chicken Fettuccine Noodles Alfredo  Bingo	20 Beef & Broccoli Chow Mein Over Rice	21 BBQ Chicken Pizza Caesar Salad	22
23	24 Beef Tips Egg Noodles	25 Crab Salad Croissant Pasta Salad  Card Games	26 Pork Roast Mashed Potatoes  Bingo	27 Lasagna Tossed Salad	28 Grilled Cheese Chicken Noodle Soup	29
30	31 Herb Roasted Chicken with Roasted Baby Red Potatoes					Vegetable, Fruit / Salad, Dessert Bread & Milk Included with every meal

This menu has been approved by Anna Mooi: Registered Dietician

\* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.